

Ασκήσεις

Ποδοσφαίρου



ΤΟΚΠΑΣΙΔΗΣ ΠΑΝΑΓΙΩΤΗΣ
ΠΡΟΠΟΝΗΤΗΣ ΠΟΔΟΣΦΑΙΡΟΥ – UEFA A



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**2021/2022
Premier League
10^η Αγωνιστική
TOTTENHAM .. MAN. ΓΙΟΥΝΑΙΤΕΝΤ**



0 - 3



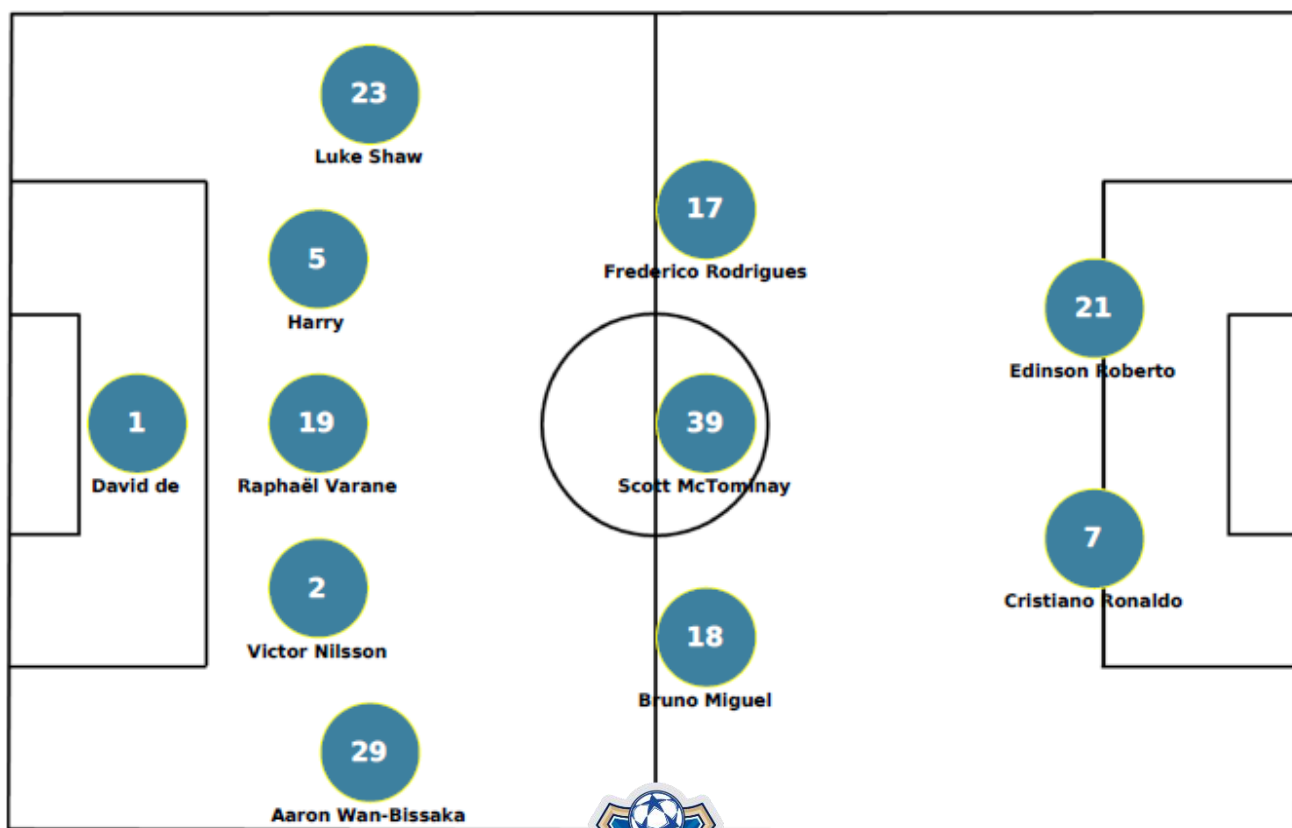
38' Ρονάλντο
63' Καβάνι
85' Ράσφορντ



TOTTENHAM 4-2-3-1



ΜΑΝΤΣ. ΓΙΟΥΝΑΙΤΕΝΤ 3-5-2



ΓΕΝΙΚΑ		
Goals	0	3
XG	1.10	1.44
Shots	9	10
Shots On Target	0	4
Shots Blocked	3	4
Shots Post	0	0
Shots Wide	6	2
Inside Box Shots	4	8
Outside Box Shots	5	2
Corners	10	1
Freekicks	3	0
Offsides	4	1
Fouls	12	13
Yellow Cards	2	3
Red Cards	0	0

ΕΠΙΘΕΣΗ		
Positional Attacks	29	23
Positional With Shots	3	6
Counter Attacks	2	7
Freekicks	3	0
Freekicks With Shots	1	0
Corners	10	1
Corners With Shots	3	0

ΑΜΥΝΑ		
Tackles	7	6
Interceptions	25	61
Clearances	11	25
Ppda	7.8	13.7

ΜΕΤΑΒΑΣΕΙΣ		
Recoveries	81	69
Recoveries Low	30	32
Recoveries Medium	32	25
Recoveries High	19	12
Recoveries Opponent Half	34	24
Losses	91	97
Losses Low	14	29
Losses Medium	25	36
Losses High	52	32
Losses Own Half	28	50



METABASEIS



Passes	538	383
Acc passes,%	85.7%	86.9%
Forward Passes	159	117
Acc Forward passes,%	76.7%	73.5%
Back Passes	83	64
Acc Back passes,%	95.2%	92.2%
Vertical Passes	193	160
Acc Vertical passes,%	92.2%	93.1%
Progressive Passes	59	62
Acc Progressive passes,%	74.6%	64.5%
Long Passes	36	35
Acc Long passes,%	63.9%	57.1%
Into Final Third Passes	59	49
Acc Passes into F3%	72.9%	79.6%
Into Penalty Area Passes	20	11
Acc Passes into PA,%	35.0%	54.5%
Smart Passes	11	4
Acc Smart passes,%	27.3%	25.0%
Key Passes	2	6
Through Passes	19	7
Acc Through passes,%	21.1%	42.9%
Crosses	18	11
Acc Crosses,%	16.7%	63.6%
Crosses Low	1	5
Crosses High	8	6
Crosses Blocked	9	0
Match Tempo	17.9	19.2
Passes Length Avg	19.3	19.9



ΔΙΑΤΗΡΗΣΗ



Possession%	59%	41%
Possession Count	99	91
Reaching Opponent Half	62	52
Reaching Opponent Box	15	15
Avg Possession Duration	18s	13s
Dead Time Sec	2,593s	2,593s

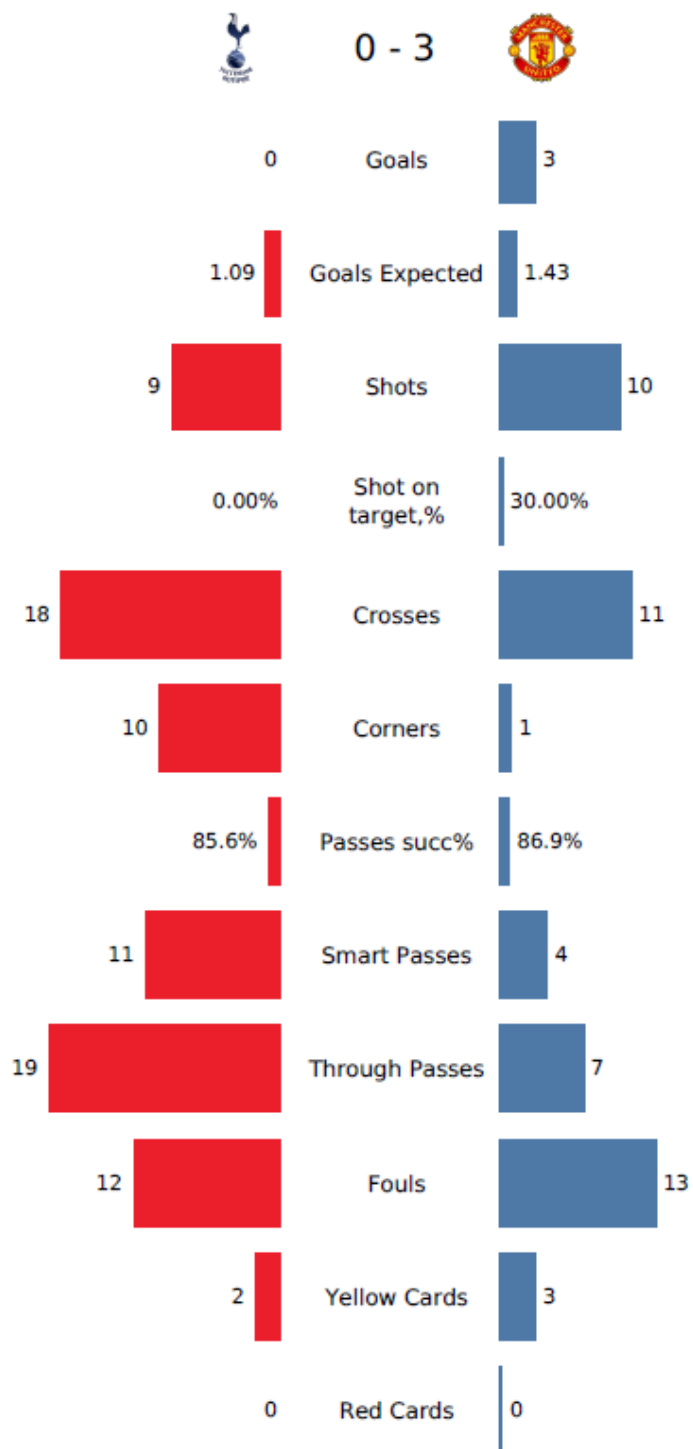
ΔΙΑΤΗΡΗΣΗ, %



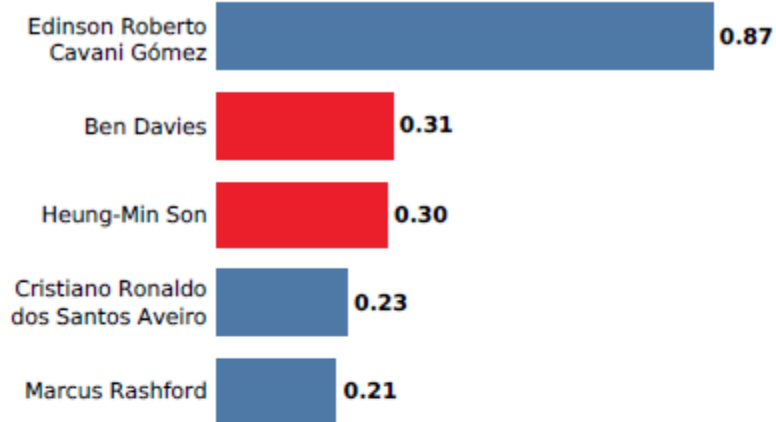
Possession (1-15min)	56%	44%
Possession (16-30min)	53%	47%
Possession (31-45min)	57%	43%
Possession (46-60min)	53%	47%
Possession (61-75min)	69%	31%
Possession (76-90min)	70%	30%



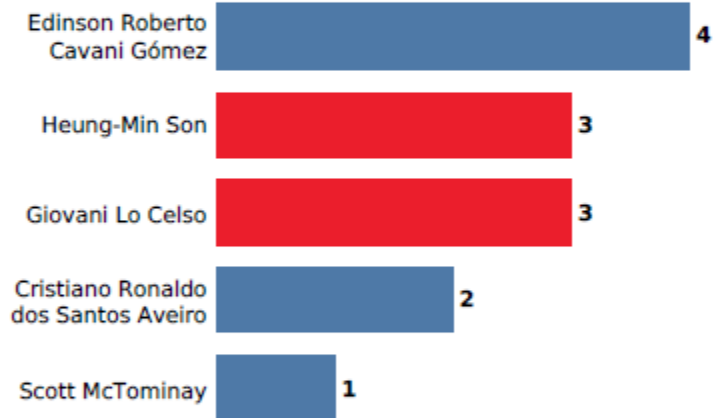
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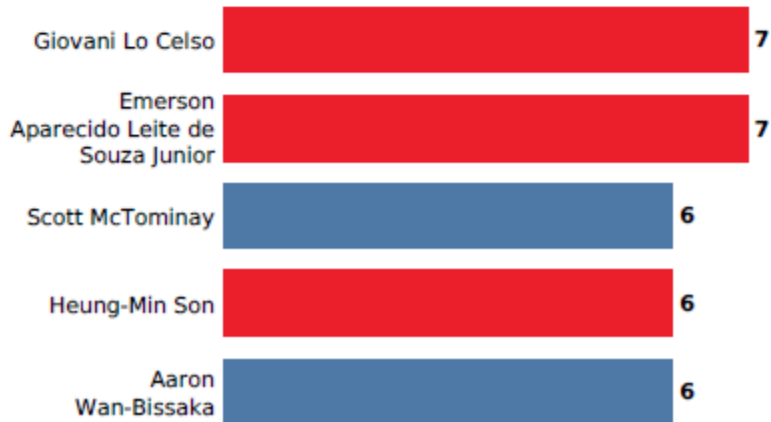
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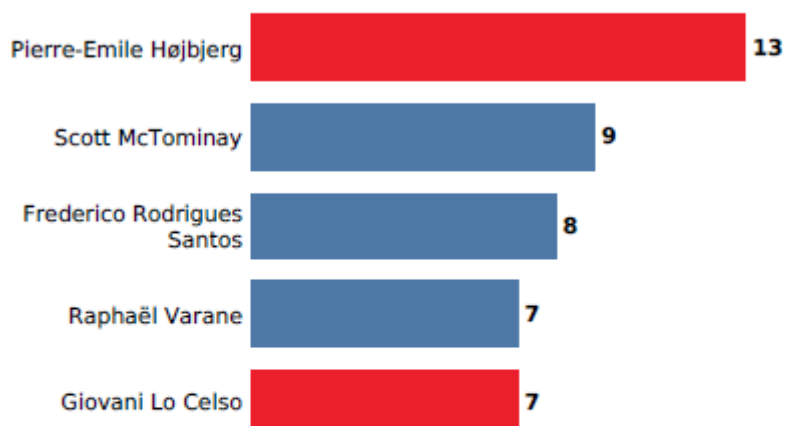
ΣΟΥΤ



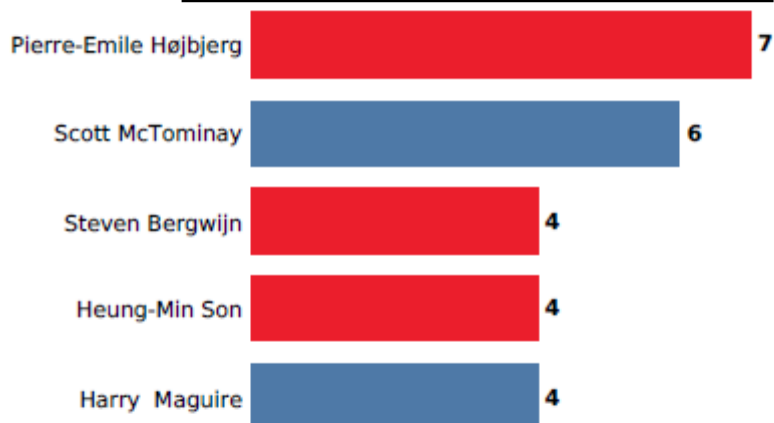
ΝΤΡΙΠΛΕΣ



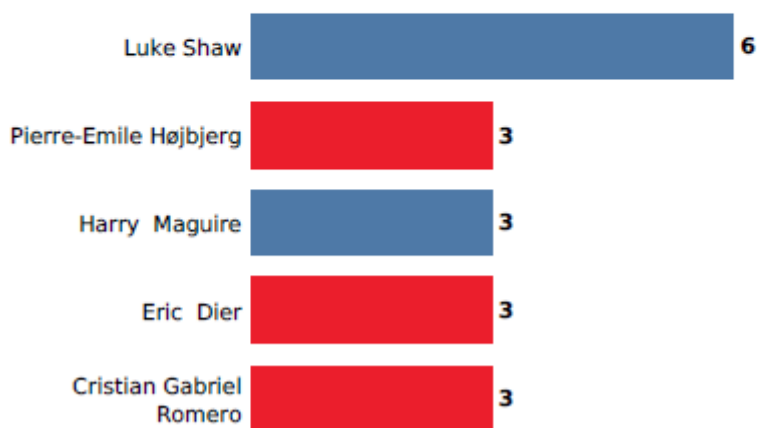
ΠΑΣΕΣ ΣΤΟ ΤΕΛΕΥΤΑΙΟ 3ο



ΑΝΑΚΤΗΣΕΙΣ ΣΤΟ ΑΝΤΙΠΑΛΟ ΜΙΣΟ

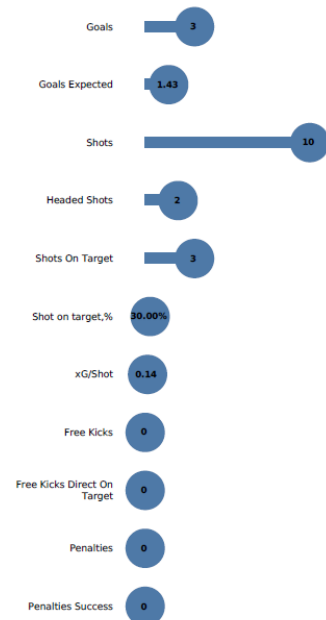
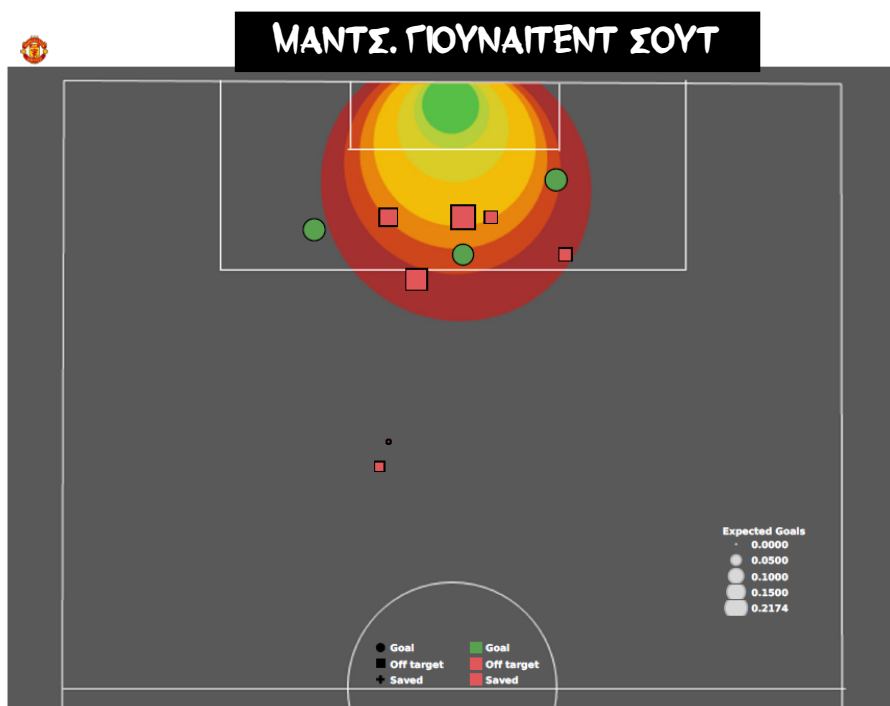
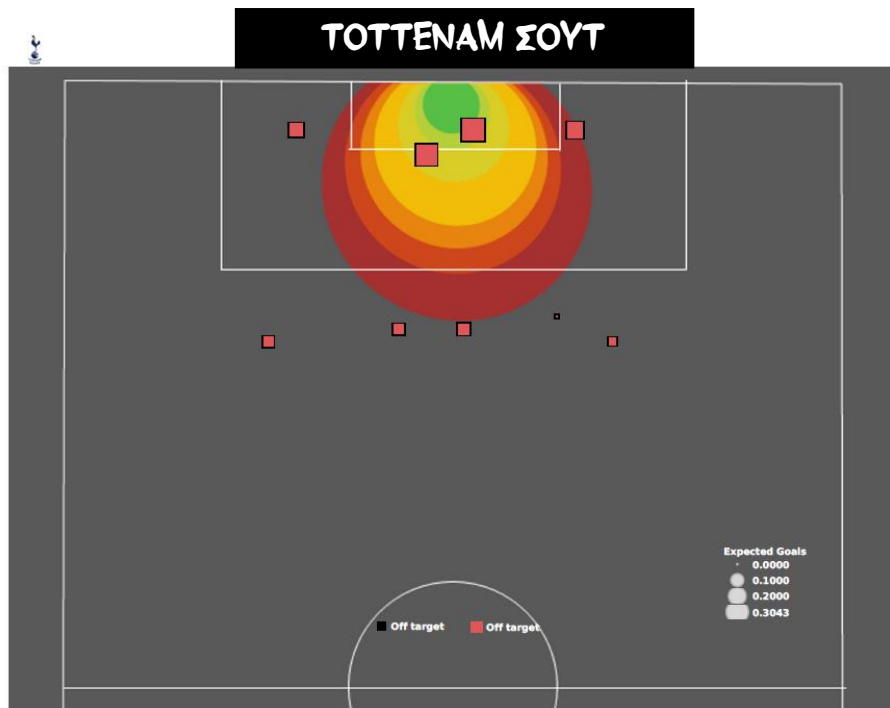


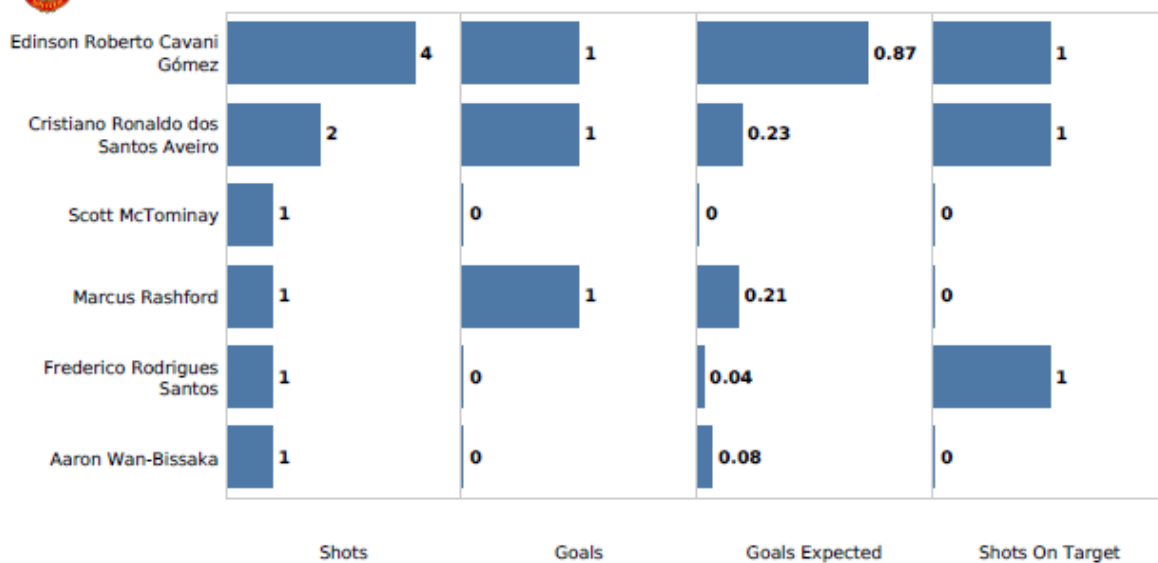
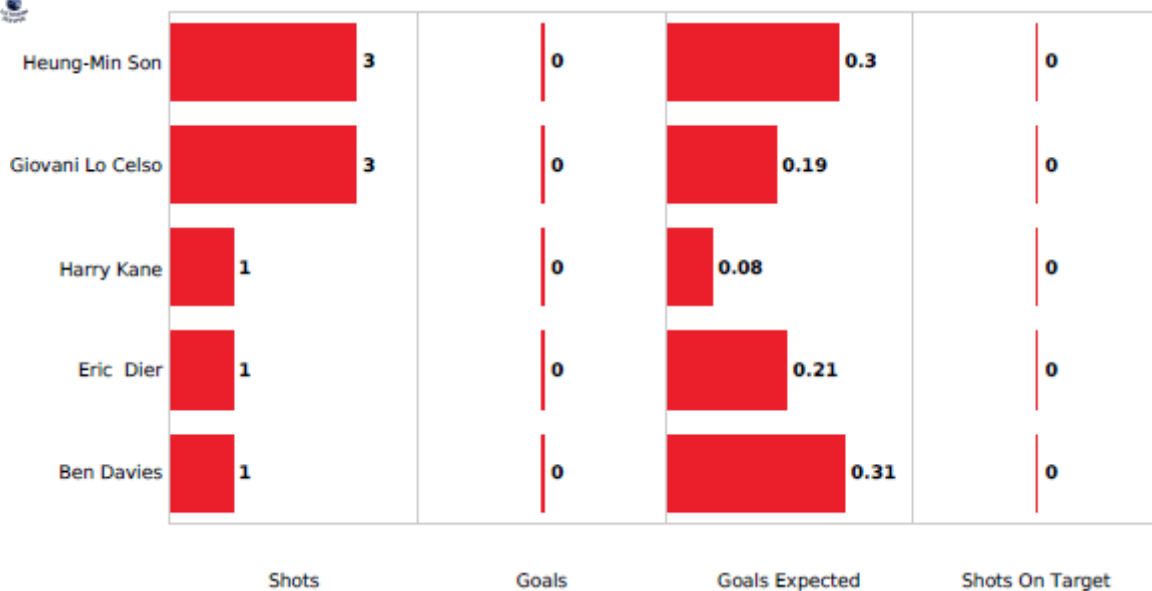
ΚΕΡΑΙΣΜΕΝΕΣ ΕΝΑΕΡΙΕΣ ΜΟΝΟΜΑΧΙΕΣ



MONOMAXIES		
		
Offensive Duels	75	61
Offensive duels won, %	53.3%	42.6%
Defensive Duels	61	75
Defensive duels won, %	57.4%	46.7%
Loose Ball Duels	40	40
Loose ball duels won, %	40.0%	42.5%
Aerial Duels	33	33
Aerial duels won, %	57.6%	42.4%
Challenge Intensity	6.7	6.1
Dribbles	36	25
Dribbles won, %	55.556%	60.000%







Tottenham Hotspur Pass matrix

	Hugo Lloris	Ben Davies	Cristian Romero	Emerson Aparecido Leite de Souza Junior	Dele Alli	Eric Dier	Giovani Lo Celso	Oliver Skipp	Pierre-Emile Højbjerg	Tanguy Ndombélé	Harry Kane	Min-Son Heung	Lucas Rodrigues Silva	Bergwijn	Passes Received
Unknown	6	10	8	18	2	7	12	5	14	2	9	19	7	4	123
B. Davies	1	1	2	2		12	4	4	5	2	1	2		1	37
C. Romero				9		7	2	4	4	2		1	1		30
D. Alli		4	1	2						1					8
E. Dier	9	6	5	2			3	3	11	2	1	3	1	1	47
Emerson	4		8	1	2	3	10	2	13	6	1	11	3	2	66
G. Lo Celso		2	9	7		1	1	4	11		2	5	4	1	47
H. Kane	1	2	1	3			3		3						13
H. Lloris			3	5		2			1			1			12
Lucas Moura				8			4	3	4		2	3			24
O. Skipp		4	2	2		6	4		6		1	1			26
P. Højbjerg		7	3	14	2	10	7	5		5		6	3	2	64
S. Bergwijn		3		1	2			1		1	1				9
Son Heung-Min		4	4	17		2	4	1	3	1	2		5	1	44
T. Ndombélé		3		2	1	3			6			3		1	19
Passes Attempted	21	46	46	93	9	53	54	32	81	22	20	55	24	13	

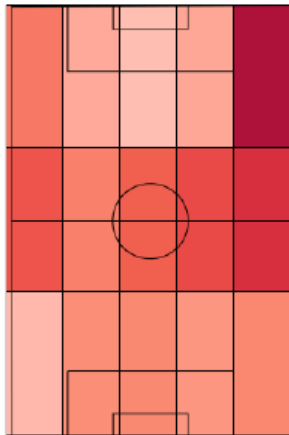


	David de Gea	Aaron Wan-Bissaka	Harry Maguire	Luke Shaw	Raphaël Varane	Victor Nilsson Lindelöf	Bruno Borges Fernandes	Fredricko Santos	Jesse Lingard	Nemanja Matic	Scott McTominay	Cristiano Ronaldo dos Santos Aveiro	Edinson Cavani Roberto Gómez	Marcus Rashford	Passes Received
Unknown	9	8	6	10	5	10	14	9	1		2	5	10	3	92
A. Wan-Bissaka			1	2	4	10	8	2		1	4		2		34
Bruno Fernandes		10		5	2	3	3	5			5	6	2	1	42
Cristiano Ronaldo	1	3		5	1		3	3			5		1		22
David de Gea			4	1	3	4		1			1				14
E. Cavani		5	3	4	2		4	1		1		2	1		23
Fred		3	5	8		1	1		1	2	4	7	3		35
H. Maguire	3			5	5	1	1	3		1	5	1	1		26
J. Lingard			1					2							3
L. Shaw	4		11		1	1	1	2			7	4	1		32
M. Rashford		1		6			1	1		1					10
N. Matic			1					1	1		1			2	6
R. Varane	3	2	2	1		6	3	1							18
S. McTominay		7	5	2		5	2	4		1	1	1	1		29
V. Lindelöf	3	6	1		4		6	3			3			1	27
Passes Attempted	23	45	40	49	27	41	47	38	3	7	38	26	22	7	

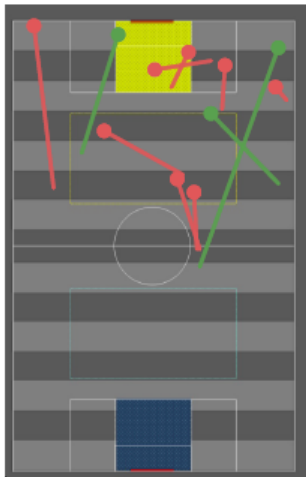




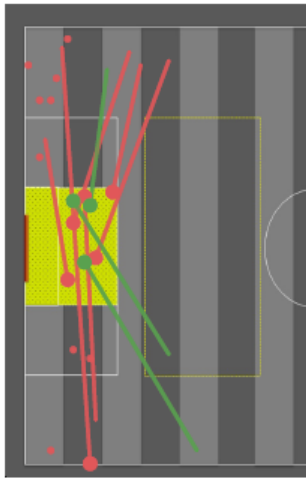
Tottenham Hotspur Pass zones



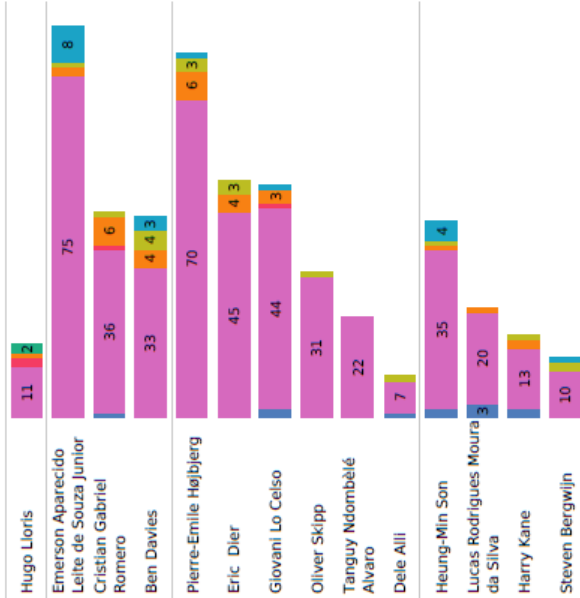
Tottenham Hotspur Smart passes



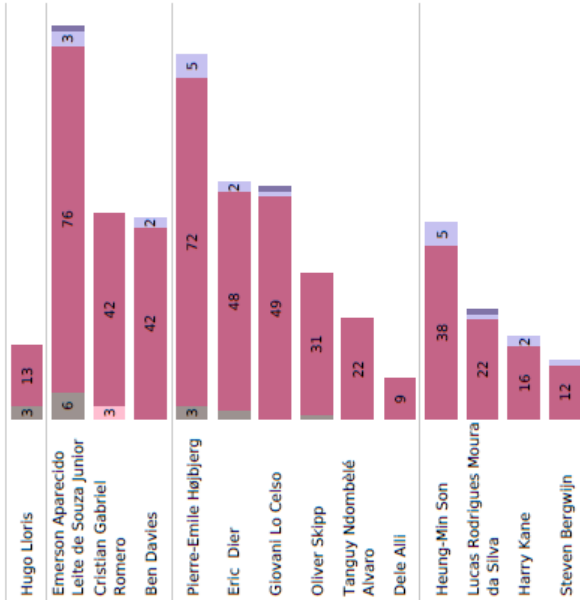
Tottenham Hotspur Crosses



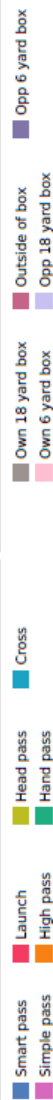
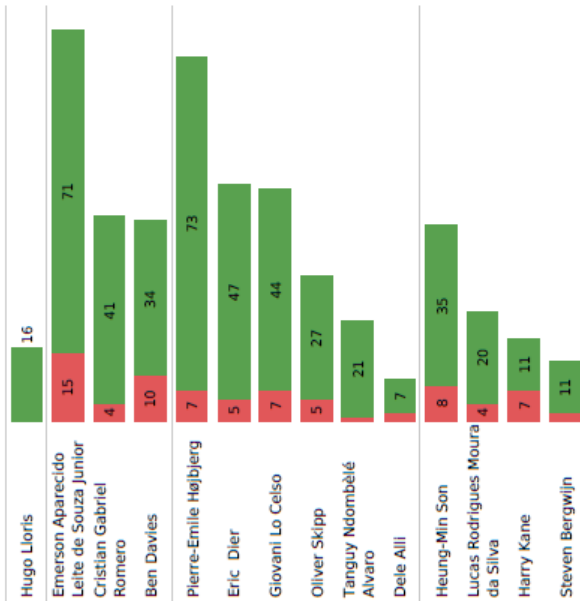
Pass type

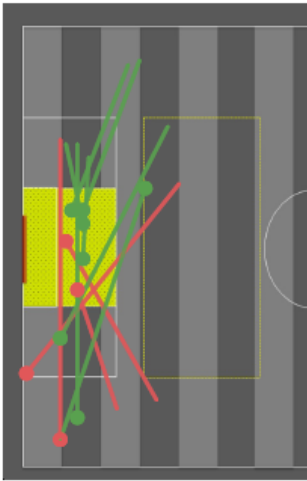
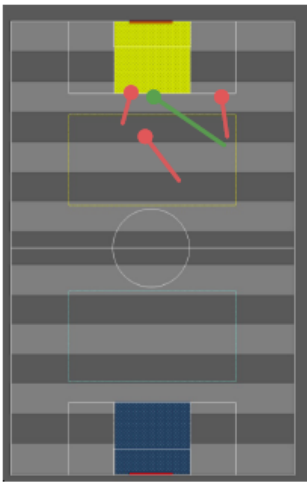
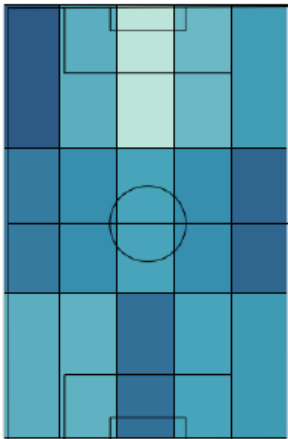


Pass ending location

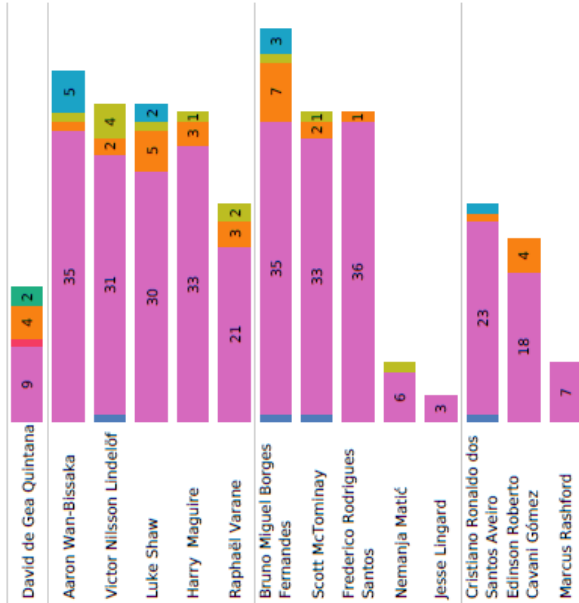


Pass outcome

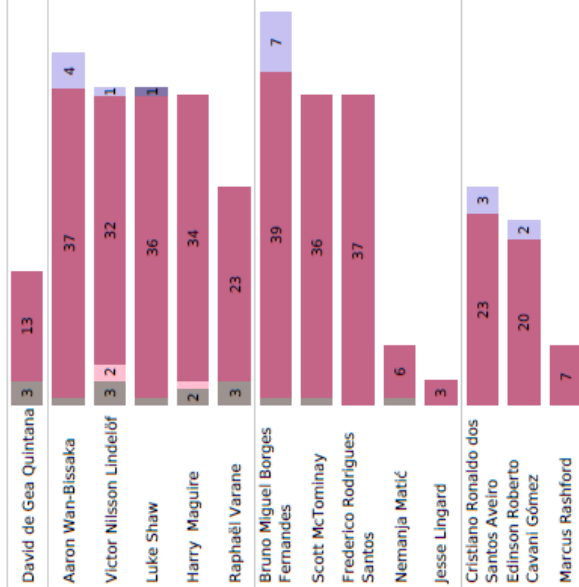




Pass type



Pass ending location



Pass outcome

